

ALLERYL SYRUP

Chlorpheniramine Maleate (4mg/5mL, 2mg/5mL)

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What Alleryl Syrup is used for

Alleryl Syrup belongs to a group of medicines called antihistamines.

Alleryl Syrup contains chlorpheniramine maleate which is used to treat the following:

- Symptomatic treatment of perennial (throughout the year) and seasonal allergic rhinitis (inflammation of the membranes inside of the nose.), vasomotor rhinitis (nonallergic) and allergic conjunctivitis (eye inflammation) due to inhalant allergens and foods.
- Symptomatic treatment of skin itching associated with allergic reactions and of mild, uncomplicated symptoms of urticaria (a red raised, itchy rash on the skin.) and angioedema (swelling of deeper skin tissues).
- May be used in combination with a decongestant (Pseudoephedrine) for the temporary relief of nasal and sinus congestion associated with the common cold and allergic rhinitis.

How Alleryl Syrup works

Alleryl Syrup works by blocking a certain natural substance (histamine) that your body makes during an allergic reaction. Histamine is a chemical which causes the symptoms of allergies.

The antimuscarinic actions of most antihistamines provide a drying effect on the nasal mucosa.

Before you use Alleryl Syrup

When you must not use it

Do not take Alleryl Syrup if you are:

- Allergic to chlorpheniramine maleate or any ingredients in the product.

- Taking drugs for depression known as Monoamine Oxidase Inhibitors (MAOIs).
- Having lower respiratory diseases, including asthma.

Pregnancy and lactation

Do not take Alleryl Syrup if you are pregnant, trying to get pregnant or think you may be pregnant. Use during the third trimester may result in reaction in newborn.

Breastfeeding mother is not recommended to take Alleryl Syrup because of the risk of adverse effects, such as unusual excitement or irritability, in infants. Small amount of chlorpheniramine can be excreted in the breast milk.

Before you start to use it

Tell your doctor or pharmacist if you have allergies to any other medicines, food, preservatives or if you have any medical conditions such as:

- Glaucoma (increased pressure inside the eye)
- Urinary retention
- Enlargement of prostate
- Bladder neck obstruction
- Sudden asthma attack
- Severe high blood pressure
- Heart disease
- Bronchitis (inflammation in air passages that carry air to the lungs)
- Bronchiectasis (airways of the lungs become abnormally widened)
- Liver disease
- Excess of thyroid hormone

When used in the treatment of cough and cold

- Do not use for children below 2 years old.
- Use with caution on the advice of doctor/pharmacist for children aged 2-6 years.
- Use in newborn or premature infant is not recommended due to higher risk to side effects.

Taking other medicines

Tell your doctor if you are taking any other medicines, including any that you buy without a prescription from a pharmacy, supermarket or health food shop. They include:

- Alcohol or other central nervous system depressant producing medications such as barbiturates - Concurrent use may enhance sedative effect of central nervous system.
- Monoamine oxidase inhibitor (MAOIs) including Furazolidone, Pargyline and Procarbazine.
- Ototoxic medications like aminoglycosides, frusemide, erythromycin salicylates - Concurrent use with this product may mask the symptoms of ototoxicity such as tinnitus (hearing ringing, buzzing, or other sounds without an external cause), dizziness or vertigo.
- Phenytoin.

How to use Alleryl Syrup

Your doctor will tell you how much Alleryl Syrup to take and how often. This should also be printed on the label of your prescription.

How much to use

Follow all directions given to you by your doctor and pharmacist carefully. They may differ from the information contained in this leaflet. If you do not understand the instructions on the label, ask your doctor or pharmacist for help.

Adult dose:

Alleryl Syrup 4mg/5mL
5mL every four to six hours as needed, up to maximum 30mL daily.

Paediatric dose:

Alleryl Syrup 2mg/5mL
Children 2 to 5 years: 2.5mL every four to six, up to maximum 15mL daily.

Children 6 years to 12 years: 5mL every four to six, up to maximum 30mL daily.

When to use it

Leave at least 4 hours between doses and use the product only when simple measures have failed to provide adequate relief.

How long to use it

Continue taking Alleryl Syrup for as long as your doctor recommends.

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If you forget to use it

Consult your doctor or pharmacist on what you should do if you forget to use it.

Take the missed dose as soon as you remember. If it is almost time for your next dose, wait until then to take the medicine and skip the missed dose. Do not take a double dose to make up for the missed dose.

If you use too much (overdose)

Contact your doctor immediately or go to the Emergency Department of your nearest hospital, if you think you or anyone else may have taken too much of this medicine. Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Taking too much syrup may cause the following:

- Clumsiness or unsteadiness or dryness of mouth, nose or throat, flushing or redness of face, shortness of breath.
- Hallucinations or trouble in sleeping, incoordinations, athetosis (abnormal muscle contractions), convulsions leading to coma and death.

While you are using Alleryl Syrup

Things you must do

Take your medicine exactly as your doctor has told you.

Tell all the doctors, dentists and pharmacists treating you that you are taking Alleryl Syrup.

Tell your doctor immediately if you become pregnant while taking this medication.

Things you must not do

Do not stop taking the medicine unless advised by your doctor.

Do not take any new medicines without consulting your doctor.

Do not give Alleryl Syrup to anyone else, even if they have the same symptoms or condition as you.

Things to be careful of

Use in New Born or Premature Infants:

Alleryl Syrup is not recommended in new born or premature infants as this age group is at higher risk to antimuscarinic

side-effects such as central nervous system excitation and increased tendency towards convulsions.

Use in Children and the Elderly:

Children and elderly are more likely to experience the neurological anticholinergic effects such as dry mouth, blurred vision, dry eyes and constipation.

Driving and using machines

This medicine may make you sleepy. If this happens, do not drive or use tools or machines.

Side effects

Like all medicines, Alleryl Syrup can cause side effects, although not everybody gets them.

Visit your doctor or pharmacist if you experience any side effects after taking this medicine such as gastrointestinal disturbances i.e. nausea, epigastric pain, diarrhea, blurred vision, dryness of mouth, nose and throat. Loss of appetite and skin sensitivity to sunlight may also occur.

This is not a complete list of side effects. Contact your doctor or pharmacist if you experience any side effects.

You may report any side effects or adverse drug reactions directly to the National Centre for Adverse Drug Reaction Monitoring by calling Tel: 03-78835550 or visiting the website portal.bpfk.gov.my (Consumer → Reporting)

Storage and disposal of Alleryl Syrup

Storage

Keep all medicines out of the sight and reach of children.

Keep the medicines in a cool dry place where the temperature stays below 25°C. Protect from light.

Do not store in the bathroom or near a sink, or on a window sill.

Do not leave it in the car on hot days. Heat and dampness can destroy some medicines.

Do not take this medicine after the expiry date stamped on the pack. The expiry date refers to the last day of that month.

Disposal

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

Product description

What it looks like

A clear, colourless liquid with pleasant sweet pineapple odour and slightly sourish after taste.

Ingredients

Active ingredient :

Chlorpheniramine maleate 2mg per 5mL & 4mg per 5mL

Inactive ingredients:

Granular Sugar, Sodium Benzoate, Citric Acid Anhydrous, Pineapple Flavour and Deionized Water.

MAL numbers

Alleryl Syrup 4mg/5mL

MAL19860099AZ

Alleryl Syrup 2mg/5mL

MAL20021005AZ

Manufacturer

Idaman Pharma Manufacturing Sdn. Bhd (661901-P)

Lot 24, Bakar Arang Industrial Estate 08000, Sungai Petani, Kedah.

Product Registration Holder:

Idaman Pharma Manufacturing Sdn. Bhd (661901-P)

Lot 24, Bakar Arang Industrial Estate 08000, Sungai Petani, Kedah.

Date of revision

08/06/2015

Serial number

BPFK(R4/1)040615/00142